

Housing Services



Mental Health Matters Housing Services support individuals with mental health needs across the UK to realise their ultimate goal of living independently.

Having a sound and secure base is intrinsic to independent living.

We provide support in social, life and tenancy management skills, which are crucial to the running of a safe and successful home.

The guidance and practical help provided by our housing staff enables individuals to achieve independence, security and an improved quality of life. This in turn has a positive impact in other areas of life such as health, employment and improved self esteem.

Mental Health Matters' housing provision is delivered with a range of voluntary and statutory sector partners and includes residential care, respite, crisis and rehabilitation accommodation, supported housing, tenancy sustainment and outreach support.

Mental Health Matters provide strategically relevant, high quality and good value for money housing related support services in the Ryedale District of North Yorkshire. Their floating support scheme directly meets the individual needs of service users in this rural area. We would have no hesitation in recommending this organisation to provide housing related support for individuals with mental health needs.

North Yorkshire Supporting People



Brian Plunkett



I have successfully moved through Mental Health Matters supported housing services from shared accommodation, with staff on site,

to single person accommodation with visiting support. I have now secured my own independent tenancy, with the help of a MHM resettlement worker. The emotional support and safe environment have improved my well being. Staff listen with a non-judgmental approach and help me develop coping strategies which have improved my confidence and have helped reduce my admissions to hospital.

Service User, Sunderland

