

# Employment Services



Mental Health Matters Employment Services across the UK help people with mental health needs to fulfil their aspirations. Individuals who wish to increase their confidence, independence and skills through employment of their choice can achieve this with the range of services we offer.

Our employment staff work with both service users and employers to provide appropriate skills development, training, work experience and in-work assistance. Our fully flexible range of work-related support enables individuals to join the workforce for the first time, rejoin after a period of absence, retrain in the career of their choice or retain their current position.

**We recognise employment as a key component in health, well-being and social inclusion.**

With the right support, the journey towards paid work will have a huge impact on the lives of our service users.

"We are particularly impressed by the professionalism of the service and its real employment outcomes. Employment has not been a high priority for mental health services but MHM works with service users to realise their goals in relation to work and is getting results that have been previously unknown for this group of people in Bristol. MHM has no fixed notions of the kinds of jobs that people can or 'should' undertake, providing person-centred and flexible approaches to the support provided."

**Ian Popperwell, Planning and Commissioning Manager, Bristol Adult Community Care**

## Craig Walker



I am 29, had never had a full time paid job and I had almost given up hope of this. Then I joined the Mental Health Matters Employment Link

Service and they organised a placement with Hillingdon Primary Care Trust (HPCT.) I am now working full-time at HPCT head office and have saved more money than I have ever had in my life.

**Service User, Hillingdon, London**